



MEETING THE MOMENT
ONE CHILD, ONE FAMILY,
ONE COMMUNITY AT A TIME

ANNUAL REPORT 2022



St. David's Center
Child & Family Development



DEAR FRIENDS OF ST. DAVID'S CENTER:

It is an honor to bring you close to the work of our organization this past year. I am so deeply proud of what we've accomplished, grateful for the generosity of people like you, and excited about the opportunities on the horizon – all of which are dependent upon a commitment to One Child, One Family, One Community at a Time, a commitment I see in our staff every single day.

This past year, they showed up every day, lending their expertise to our community and **supporting the development and mental health of nearly 4,200 children and individuals with enduring special needs**. They innovated, they stretched, and they challenged themselves professionally. They partnered with 30 childcare centers, elementary schools, and faith organizations to make good on our promise to make services that change lives accessible to as many as we can possibly reach. This report is filled with evidence of their impact, impact that is only possible with your generosity.

Thanks to our families, our staff and leadership team, our volunteers, our Board of Directors, and each of you – our supporters and advocates - we are stable, strong, and positioned for further expansion in the years to come.

Julie Sjoldal | Chief Executive Officer

Dr. Rafael Vasconcellos | Board Chair

OUR SERVICES

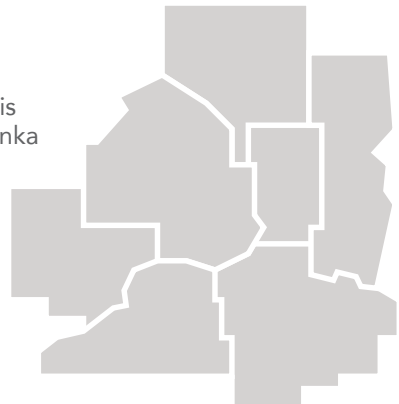
St. David's Center prepares children for success in school; builds skills; improves mental health; strengthens parent-child relationships; and builds capacity for caregivers to support children.

4,200 children and families across the Twin Cities metro reached through:

2 centers
Minneapolis & Minnetonka

30 partner sites

Over **1,000** homes



EARLY CHILDHOOD EDUCATION
202 SERVED

Program offers early childhood education and childcare for children of all abilities ages 16 months to 5 years.

AUTISM TREATMENT AND SUPPORT
257 SERVED

Services improve outcomes for children with ASD through preschool and school-age day treatment and outpatient therapy, utilizing a relationship-, play-, and development-based approach.

CHILDREN & FAMILY MENTAL HEALTH
864 SERVED

Services – including evaluation; outpatient therapy in our clinics, schools, childcare centers, and homes; case management; day treatment; early childhood home visiting; and infant and early childhood mental health consultation – improve outcomes for children experiencing mental health needs.

PEDIATRIC THERAPIES
1,009 SERVED

Services improve developmental outcomes for children ages 2 to 12 and include occupational therapy, speech-language therapy, and feeding therapy for children ages 18 months to 12 years.

COMMUNITY-BASED DISABILITY SERVICES
230 SERVED

Services engage individuals with a variety of developmental disabilities and chronic health conditions, emphasizing community involvement, friendship-building, and healthy and independent living.

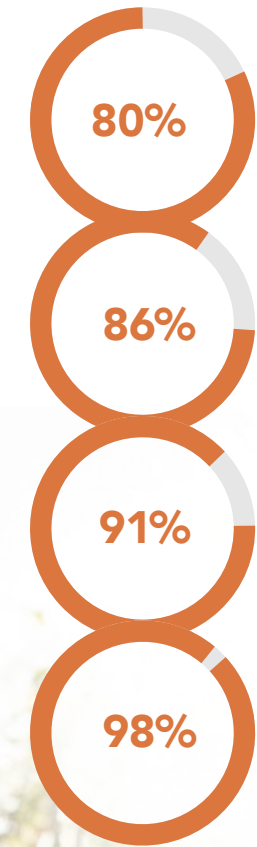
COMMUNITY CONSULTATION & COLLABORATIVE INITIATIVES
1,346 SERVED

Through early childhood mental health consultation, clinical case consultation, parent training, and early childhood nutrition education, St. David's Center builds capacity in parents and professionals across our community.

OUR IMPACT

Our families are highly satisfied with the services they are receiving, measured qualitatively by their response to the following question:

Would you recommend St. David's Center to your friends and family?



Nearly 80% of 891 children with emerging mental health concerns improved after 90 days of treatment.

86% of parent respondents reported the client we are serving in Therapeutic Recreation, Music Therapy, or In-Home Support is doing or feeling better as a result of services.

91% of 722 children with developmental delays improved after 90 days of pediatric therapy.

98% of 159 parents in our Parent-Child Services gained knowledge and skills.

202 toddlers and preschoolers

of all abilities learned side by side, gaining more ground than expected in both social-emotional development and executive function.

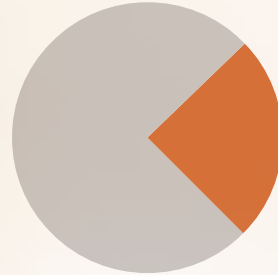


STRATEGIC PLAN PROGRESS 2022



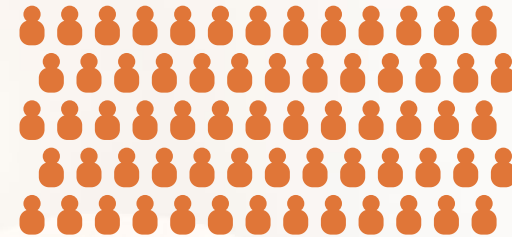
1

Provide leadership to advance the field of early education, early intervention, and child welfare, resulting in an engaged, prepared, and representative workforce shaping practices in these fields.



Of the **122 staff hired** from September 2021 through August 2022, **30** were Black, Indigenous, or People of Color (BIPOC).

Sixty-five therapists were trained in Floortime in 2022 alone.



\$350K

We secured a **\$350,000 contract** with Hennepin County to increase capacity among childcare leaders and teachers in two urban childcare centers, to enroll and support children with a broader range of needs.

2

Design, evaluate, refine, and scale innovative service models in response to community needs, resulting in improved outcomes for children, families, and adults with special needs.

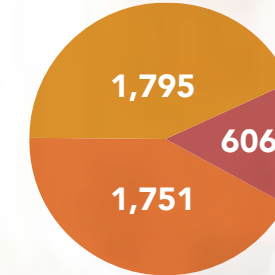
We completed the redesign of our children's mental health services and hired 10 mental health professionals to decrease waiting times for assessment, stabilize families, and increase the total number of children served.

We completed the first full year of an innovative clinical intervention for children ages 2 to 6 dually diagnosed with both Autism Spectrum Disorder and Post-Traumatic Stress Disorder.

We launched Venture Forward, expanding access to therapeutic recreation in two high schools and two church sites for adults with special needs.

3

Develop, expand, and deepen partnerships, resulting in increased access to critically needed services.



Total served by location:

Center-Based
(Minnetonka and downtown Minneapolis)

School/Community-Based
(30 partner sites, including 19 schools)

Home-Based

Total: 4,152

To view our full strategic plan, go to www.stdaidscenter.org/2022-strategic-plan.



ONE CHILD AT A TIME

Meet Amara

Amara was diagnosed with autism when he was two, the youngest of four siblings, three of whom are neurodivergent. After two years of multidisciplinary early intervention, he is happy, smiling, and always up for fun! Though he started with limited communication, was nonverbal, struggled with regulation—particularly during transitions—and was unable to ask for help from adults, he has progressed dramatically.

His uncle, Bengali, attributes his success to consistency, being in the program every day for two years. “Amara plays with his siblings and is helpful at cleaning up, something he wasn’t interested in doing before.”

“Amara is able to follow routine directions independently. He enjoys playing with a variety of gross motor activities, sensory activities, and exploring cause-and-effect toys. He is able to use his communication to maintain extended back-and-forth interaction.”

TIM, Therapist



ONE FAMILY AT A TIME

Meet Dylan

and his parents, Angie and Nick



“When Dylan was 18 months old, we realized he wasn't talking. We asked his pediatrician about it, she referred us to Help Me Grow through the school district, and after a few visits by a speech therapist, she had brought up autism.

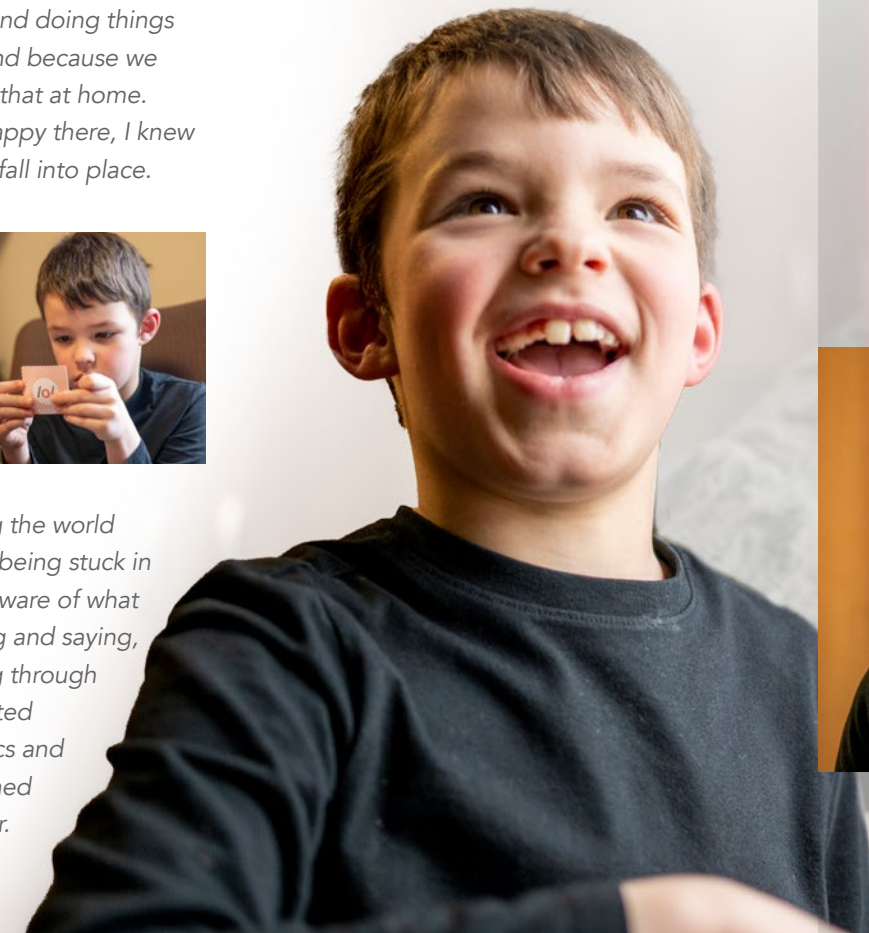
- “When Dylan started in the autism day treatment program, he was almost three years old. He was very scared of the world around him and not comfortable in his own skin. But once he got past that hump, then it was OK.
- “His team showed me videos of him smiling and laughing and doing things that really blew my mind because we had never seen any of that at home. Once I knew he was happy there, I knew everything else would fall into place.



- “Now he's experiencing the world around him instead of being stuck in his own bubble. He's aware of what other people are doing and saying, and of course, learning through that. He's more regulated from some of the tactics and techniques we've learned from St. David's Center.

- “Dylan is the true definition of why you should never underestimate your child's potential. Up until the age of seven, he was completely nonverbal, but with his own readiness and an amazing therapist at St. David's Center, at the age of eight, he is communicating 100% verbally.

- “The sky is the limit for Dylan, and we are truly thankful for all the therapists and staff at St. David's Center for helping him be the best version of himself. I really feel like anything is possible for him.



ONE COMMUNITY AT A TIME

Expanding to and innovating within Hopkins School District



In response to requests from Hopkins School District leaders, we opened two preschool autism treatment classrooms in September 2022 at the Harley Hopkins Family Center, offering families early intervention five half-days a week to complement their children's daily early childhood special education services.

This service takes our partnership in providing school-based mental health services to preschool and elementary school students to a whole new level. We are now reaching over 200 Hopkins students with critically needed mental health services each year!



“ *St. David's Center's track record innovating to meet unmet need – this model the most recent and most transformational - aligns perfectly with our shared mission to provide comprehensive support and care for our students. I have the utmost confidence in the vision and capabilities of St. David's Center to execute this initiative successfully and create lasting change in our community.* ”

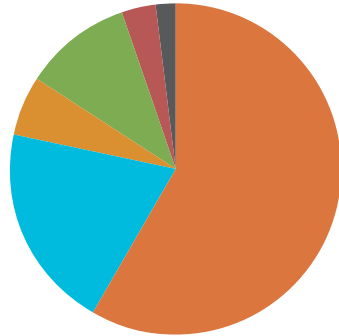
DR. RHODA MHIRIPIRI-REED
Hopkins Public Schools Superintendent



FINANCIALS

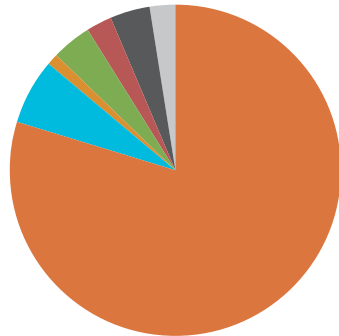
OPERATING REVENUE

Government Contracts	\$12,698,435	58.8%
Insurance	\$4,349,647	20.2%
Contributions/Special Events	\$1,276,747	5.9%
Tuition/Private Fees	\$2,252,861	10.4%
United Way	\$9,790	0.0%
Investment Income	-\$147,322	-0.7%
Net Assets Released from Restriction	\$750,072	3.5%
Other	\$394,224	1.8%
Total Revenue	\$21,584,454	100%



OPERATING EXPENSES BY CATEGORY

Salaries/Tax/Benefits	\$19,103,998	79.8%
Professional/Training/Activity Fees	\$1,524,324	6.4%
Supplies	\$292,845	1.2%
Depreciation	\$912,200	3.8%
Communications	\$596,526	2.5%
Occupancy	\$930,021	3.9%
Other Expenses	\$565,295	2.4%
Total Expenses	\$23,925,209	100%

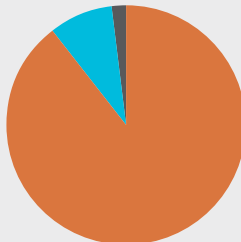


TOP FIVE PROGRAMS BY EXPENSE IN 2022

Community-Based Disability Services	\$3,653,319
Pediatric Therapies	\$2,954,404
Preschool-Age Day Treatment	\$2,892,359
Early Childhood Education	\$2,441,329
Family Place Day Treatment	\$1,084,950

OPERATING EXPENSES BY FUNCTIONAL TYPE

Programs for Clients	89.5%
Management/General	8.7%
Fundraising	1.8%



OPERATING FUND - STATEMENT OF ACTIVITIES

Fiscal years ending Dec. 31, 2022 and Dec. 31, 2021

REVENUE	2022	2021
Government Contracts	\$12,698,435	\$10,772,911
Insurance	\$4,349,647	\$5,748,713
Contributions/Special Events	\$1,279,747	\$1,019,041
Tuition/Private Fees	\$2,252,861	\$1,675,215
United Way	\$9,790	\$43,472
Investment Income	-\$147,322	\$106,633
Net Assets Released from Restriction	\$750,072	\$801,757
Other	\$394,224	\$3,296,044
Total Revenue	\$21,584,454	\$23,463,786

OPERATING EXPENSES	2022	2021
Salaries/Tax/Benefits	\$18,711,146	\$16,839,242
Professional/Training/Activity Fees	\$1,524,324	\$1,352,794
Supplies	\$292,845	\$196,406
Depreciation	\$912,200	\$980,398
Communications	\$596,526	\$82,153
Occupancy	\$930,021	\$714,938
Other Expenses	\$565,295	\$264,135
Total Expenses	\$23,532,357	\$20,430,066

STATEMENT OF FINANCIAL POSITION

Fiscal years ending Dec. 31, 2022 and Dec. 31, 2021

ASSETS	2022	2021
Current Assets	\$4,790,598	\$7,607,041
Multi-Year Pledges	\$18,609	\$129,970
Investments	\$2,598,842	\$2,714,287
Property/Plant/Equipment	\$11,774,403	\$11,585,273
Total Assets	\$19,182,452	\$22,036,571

LIABILITIES AND NET ASSETS

Current Liabilities	\$1,841,569	\$1,975,951
Noncurrent Liabilities	\$506,235	\$270,503
Total Liabilities	\$2,347,804	\$2,246,454
Without Donor Restriction	\$13,940,217	\$16,280,972
With Donor Restriction	\$2,894,431	3,509,145
Total Net Assets	\$16,834,648	\$19,790,117

Total Liabilities and Net Assets	\$19,182,452	\$22,036,571
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EXECUTIVE & SENIOR LEADERSHIP TEAM

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Erica Tennessen
Chief Financial Officer

Maureen Walsh
Chief Advancement & Strategy Officer

Cara Benoit, MA, CCC-SLP
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Lisa Brennom, MSW, LICSW
Senior Director, Outpatient Mental Health Services

Lisa Curtis
Senior Director, Community-Based Disability Services

Candice Daulton
Senior Director, Early Childhood Education

Laura Dornik
Director of Policy, Training & Talent

Paula Frisk, MS
Senior Director, Parent-Child Services

Jayson Palm
Director of Facilities & Risk Management

Katie Ricks
Senior Business Analyst

Vanessa Slivken, MA, LMFT
Senior Director, Autism Services & Day Treatment

Emily Walton
Director of Administration & Health Information Management

Megan Weber, MA, LMFT
Senior Director, Harman Center for Child & Family Wellbeing



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Nathan Whittier, PhD

DONORS

Thank you to everyone who contributed in 2022. Your support was central to our stability and success this past year.

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